



First Announcement



# PIPOC 2025 NUTRITION SATELLITE SYMPOSIUM

Empowering Palm Oil Nutrition Today  
for a Healthier Tomorrow



17 November 2025



Conference Hall 2, Level 3,  
Kuala Lumpur Convention Centre (KLCC)



Jointly organised by  
Malaysian Palm Oil Board and  
Malaysian Palm Oil Council

Ministry of Plantation and Commodities, Malaysia

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# PIPOC 2025

## NUTRITION SATELLITE SYMPOSIUM

**An ideal platform to share  
and deliberate on the latest  
advances in palm oil  
nutrition research**

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### Programme Objective

The programme aims to bring together leading experts to discuss the various health outcomes related to the intake of vegetable oils, with a focus on palm oil and phytonutrients, their benefits, and their roles in addressing global health issues. Key aspects include exploring the impact of unsaturated fats, the latest updates on saturated fats, and the potential of palm oil and phytonutrients in improving health outcomes.

### Highlights

- Esteemed speakers and cutting-edge research updates
- Global participation
- Networking opportunities
- Leading technical exhibitors
- Impactful scientific discussions



## Features

### ✓ **Saturated Fats and Cardiometabolic Risk – Revolution of the latest research**

Saturated fats have been a topic of debate in nutrition science for decades. This session will present the most up-to-date research on how saturated fats influence cardiometabolic health, including their effects on cholesterol levels, inflammation, and overall cardiovascular disease risk. Leading experts will discuss whether current dietary recommendations should be reconsidered based on emerging scientific evidence.

### ✓ **Palm Oil Epidemiological Study and Human Health – Separating myths from facts**

Epidemiological studies play a crucial role in understanding the real-world health impacts of palm oil consumption. This session will highlight the importance of palm oil epidemiological study. Experts will dissect common misconceptions on palm oil consumption, providing an evidence-based perspective on the role of dietary fats in a balanced diet.

### ✓ **Red Palm Oil for Nutrition and Vitamin A Deficiency – A potential intervention for malnourished children**

Vitamin A deficiency remains a serious public health concern, particularly in developing countries. Red palm oil, naturally rich in provitamin A carotenoids, has been identified as a promising nutritional intervention to address this issue. Recent evidence reveals a fascinating bidirectional link between vitamin A deficiency and the gut microbiota, with profound health implications. This session will uncover its potential role in improving health and gut microbiota in vulnerable populations.

### ✓ **Palm Phytonutrients – Disease prevention and management**

Palm phytonutrients especially tocotrienols and carotenes, are known for their antioxidant, anti-inflammatory, and neuroprotective properties. This session will explore the latest research on these phytonutrients in preventing and managing chronic diseases, including cancer and arthritis. Learn how these unique compounds contribute to general well-being.

### ✓ **Athletic Performance and Recovery – The impact of dietary fats on sports nutrition**

Nutrition plays a key role in optimising athletic performance, endurance, and post-exercise recovery. This session will discuss the effects of dietary fats, including palm-derived MCTs (medium-chain triglycerides), on energy metabolism, muscle recovery, and inflammation control in athletes. Experts will discuss how specific fat sources can enhance stamina, reduce fatigue, and support overall physical performance.

### **Come and join us as:**

- Participant
- Poster presenter
- Sponsor
- Exhibitor



## Enquiries / Registration

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Scan/Click for  
Registration

## Symposium Registration Fee

RM 700\* / Malaysian participant

USD 250\* / Non-Malaysian participant

**\*Inclusive of Programme and Abstract e-book, refreshments, lunch**  
**Note: Payment in Ringgit Malaysia (RM) only applicable for Malaysian Citizen**

## Call for Posters

Papers are invited for poster presentation at the Satellite Symposium. For those who are interested, please note the following deadlines:

Submission of abstract (250 words): **31 May 2025**

Notification of acceptance: **30 June 2025**

Failure to adhere to the abstract submission deadline may result in non-acceptance of the papers/posters. Outstanding papers submitted will be selected for publication in the *Journal of Oil Palm Research* (JOPR). Such papers will be reviewed by selected reviewers. Authors would be required to assign copyrights to MPOB.

For poster presentation and abstract submission, please contact **Dr. Kanga Rani Selvaduray** ([krani@mpob.gov.my](mailto:krani@mpob.gov.my)) or **Dr. Fu Ju Yen** ([fujuyen@mpob.gov.my](mailto:fujuyen@mpob.gov.my)).

Don't miss this opportunity to engage in **cutting-edge discussions** and let's shape the future of **palm oil nutrition!**

